ELK RAPIDS HARBORUN
SATURDAY AUGUST 3, 2013

10K RUN & 5K RUN/WALK & FUN RUN

VETERAN'S MEMORIAL PARK

ELK RAPIDS, MICHIGAN

RACE START TIMES: FUN RUN at 8:00 AM (must sign waiver)
10 K RUN at 8:30 AM
5 K RUN/WALK at 8:30 AM

PROCEEDS SUPPORT THE ELK RAPIDS SCHOOLS RUNNING PROGRAMS

1. SELECT RACE 10K RACE_____ 5K RACE_____ 5K WALK _____

2. NAME (First, Last)_____ **3.** E-MAIL ADDRESS _____

ADDRESS_____ **4.** SELECT SHIRT SIZE: S M L XL

CITY, STATE, ZIP_____ PHONE_____

5. SELECT GENDER: MALE FEMALE **6.** DATE OF BIRTH _____ AGE AS OF 8/3/13 _____

(AGE GROUPS : < 11, 12-14 , 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70'S, 80+)

REGISTRATION **ENTRY FEES for 10K run & 5K run/walk**

ONLINE (Until August 1 at 5:00 PM): https://register.raceservices.com $25.00

BY MAIL- IF POSTMARKED BY JULY 29: $25.00
Send completed form and check or Money order payable to: ELK RAPIDS HARBORUN
PO BOX 770
ELK RAPIDS, MI 49629

FRIDAY, August 2 from 5:30 PM TO 7:30 PM at Gazebo on River St. $30.00

SATURDAY, August 3 from 7:00 AM TO 8:00 AM $35.00

** Race packets can be picked up Friday, August 2 from 5:30 PM TO 7:30 PM at the gazebo on River Street or Saturday, August 3 in the park from 7:00 AM TO 8:15 AM.
** Shirts provided to first 1000 runners and then available while supplies last.

AWARDS TO:

OVERALL MALE AND FEMALE FOR 10K AND 5K RUN (under age 50)
MASTERS AWARD TO OVERALL MALE AND FEMALE FOR 10K AND 5K RUN (age 50 and above)
MEDALS TO TOP THREE (3) PER AGE GROUP MALE AND FEMALE FOR 10K AND 5K RUN
(No awards for the 5K Walk or the Fun Run)
CALL 800-516-6103 IF YOU HAVE QUESTIONS.

RESULTS PROVIDED BY: **RACE SERVICES COMPANY**

RELEASE, WAIVER OF LIABILITY, ASSUMPTION OF RISK:
In consideration of the acceptance of my application for the HARBORUN 10K RUN and 5K RUN/WALK, I hereby release the sponsoring groups, Elk Rapids Harbor Days Association and the Village of Elk Rapids and it's affiliates, and any person or official connected with this event from any liability for any injuries or damages arising from my participation. I acknowledge that my participation is voluntary and may involve the risk of bodily injury or property damage. I assume and accept full responsibility for any bodily injury or property damage that may arise out of or related to this activity, whether caused by the negligence of the releasees or otherwise. I certify that I have health, accident and liability insurance to cover bodily injury or property damage that I may cause or suffer while engaging in this activity.
I represent that, if the Participant is under 18 years of age, the undersigned is the parent or legal guardian of Participant and has the legal capacity and authority to enter into this agreement on behalf of the Participant OR if Participant signed on his/her own behalf, Participant is at least 18 years of age.
I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I, ON BEHALF OF MYSELF OR PARTICIPANT, HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENTS, ASSURANCES OR GUARANTEES BEING MADE AND INTEND MY SIGNATURE TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT OF THE LAW.

SIGNATURE: _____ **DATE:** _____ ☐ **CHECK IF PARTICIPANT IS A MINOR**